



FEBRUARY 13 & 14, 2018

HAMPTON INN BY HILTON, 840 EXETER RD. LONDON

We are pleased to offer the following 2 day Mental Health Training to AIAI Member Nation staff which include:

**Innovative yet Traditional Communication Strategies
Addiction, Social Media and Identity
Traditional Teachings and Medicines**

Maximum participation will be 3 workers per community
Accommodations will be directly billed to AIAI. Breakfast and lunches will be provided each day of the training.

AIAI will reimburse the following payable to your Nation:

- Mileage, meals (travel day/dinners) at **Ministry rates**
- Please seek an advance from your administration



For any questions or to register please contact Lisa Jackson, 519-434-2761 or email ljackson@aiai.on.ca

REGISTRATION DEADLINE: FEB 5, 2018

**Walking Softly on
Mother Earth: Sandi
Boucher**

**Addiction, Social
Media & Identity:
Chelsea Romauldi**

**Traditional
Teachings and
Medicines: Glen
McDougall**

**ASSOCIATION OF
IROQUOIS AND ALLIED
INDIANS**

387 Princess Ave., London
519-434-2761

www.aiai.on.ca

Feb 13 & 14, 2018

Walking Softly on Mother Earth with Sandi Boucher

This seminar is a journey as participants learn how to build new relationships and/or repair damaged ones. Oppression and discrimination, internalized oppression, and privilege are all explored and identified as the very real and present challenges to client service that they truly are. But before the session is over, participants learn how to dance despite these challenges, using techniques borne of Indigenous knowledge to assist their clients as they battle mental health and addictions.

To further the learning, participants receive a 50+ page manual, allowing them to take the information home, back to your offices and communities, where it just may grow into an incredibly health tree.

Sandi Boucher is an internationally recognized and much-loved speaker. A proud member of Seine River First Nation in Northern Ontario. Sandi lives in Thunder Bay where she is a dedicated author, activist and a strong advocate for respectful cross-cultural relationships that honour wisdom and not just education.

Crossing the Wires Between Addiction, Social Media, and Identity with Chelsea Romauldi

This presentation will begin with introducing the topic of digital dependency and the new digitization of day-to-day life. The evolution of the internet bore new means to communicate with others, promoted self-expression, and so much more. However, we must examine how dependent have we become on technology and the internet to fulfill our social/emotional/psychological needs. When is it a problem? We will then explore the online identity/identities we present to our audience when utilizing various social media platforms. When creating our "online identity" there are a number of sociocultural factors that are considered when making decisions on whether to post certain photos, how we describe ourselves, likes and dislikes, and feelings we feed to our audience. How do we navigate and represent gender, race, ethnicity, creed, nationality, etc... online? How do we compare ourselves to the online identity of others? The possibility of constantly reinventing and altering our online identity is at our fingertips. Does our online identity free us and allow for further self-expression? Or does it force us to box ourselves into fillable content platforms? These questions and more will be addressed during this interactive presentation.

Traditional Teachings and Medicines with Lahwe'ne:nihe

I am Bear Clan from Onyota'a:ka. My English name is Glenn McDougall. I am 62 yearsold and have four daughters and one son. I also have ten grandchildren. I started my healing journey about 31 years ago. I have rose above alcohol and drugs to find a new life. I first met an elder from Manitoba, Stella Blackbird. Stella is an important person in my life. One of the teaching she has brought me is that a person that is healed can also be happy. I have since come to know many different elders and have learned a lot from their teachigns. In the past 19 years I have been able to have a lot of good teachers in my life and look forward to sharing some of those with you.



Mental Health Training Agenda

February 13 – 14, 2018

Hampton Inn by Hilton, 840 Exeter Rd, London

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| DAY ONE Tuesday Feb. 13, 2018 | 7:30 – 8:30 | REGISTRATION / BREAKFAST |
| | 9:00-9:20 | OPENING / INTRODUCTIONS |
| | 9:20 – 10:30 | Walking Softly on Mother Earth with Sandi Boucher |
| | 10:30-10:45 | AM break |
| | 10:45 - 12:00 | Walking Softly on Mother Earth with Sandi Boucher |
| | 12:00 PM | Lunch |
| | 1:00-2:30 | Walking Softly on Mother Earth with Sandi Boucher |
| | 2:30-2:45 | PM break |
| | 1:00 – 4:00 | Walking Softly on Mother Earth with Sandi Boucher |

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| DAY TWO Wed. Feb. 14, 2018 | 7:30 – 8:30 | Breakfast |
| | 8:45 | Recap from Day 1 |
| | 9:00 – 10:30 | Addictions, Social Media & Identity: Chelsea Rumauldi, Hotel Dieu Grace |
| | 10:30 – 10:45 | Am break |
| | | Addictions, Social Media & Identity: Chelsea Rumauldi, Hotel Dieu Grace |
| | 12:00 PM | Lunch |
| | 1:00 – 3:00 | Traditional Medicines and Teachings: Lahwe'nu:nihe (Glen McDougall) |
| | 2:15- 2:30 | PM break |
| | 2:30 – 3:00 | Traditional Medicines and Teaching: Lahwe'nu:nihe (Glen McDougall) |
| | 3:00 | Closing Remarks |
| | SAFE TRAVELS!! | |



Mental Health Training

Hosted by Association of Iroquois and Allied Indians

Hampton Inn by Hilton, 840 Exeter Rd., London 519-649-6500

Tuesday Feb 13 & Wed. Feb 14, 2018

ATTENDEE REGISTRATION FORM

Please print clearly.

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|----------------------------|--|------|--|
| Name: | | | |
| First Nation / Community: | | | |
| Address: | | | |
| Telephone: | | Fax: | |
| Email Address: | | | |
| Job Title (if applicable): | | | |

Please note:

- Each community is permitted three (3) attendees. If travel advances (mileage and meals only) are needed, delegates will have to receive them from their community.
- Meals will be provided at the conference. (breakfast, snacks, lunch)
- AIAI will reimburse the community at Ministry rates, following the event. (\$.40/km, travel day meals breakfast \$10, lunch \$12.50, dinner \$22.50)
- AIAI will submit names to the hotel for the room block. The hotel will be directly billed to AIAI.

PLEASE LIST ANY FOOD ALLERGIES or Special requirements.

If you have any questions, please call or email Lisa Jackson.

EMAIL COMPLETED REGISTRATION FORM TO THE ATTENTION OF:

Lisa Jackson at ljackson@aiai.on.ca or by fax at 519-675-1053.